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Published in the interest of the people of Aberdeen Proving Ground

Post Shorts

Recycling schedule

The recycling pickup for Wednesday, April 3, is paper. Put items in paper bags, boxes or bundles and place them on the curb.

Use both lanes

Drivers are urged to use both lanes as they approach the gates to APG's Aberdeen Area. At the barricades, motorists should alternate the right of way allowing every other car to move into the primary entrance lane, like a zipper. This more efficient movement of traffic will speed up the process.

The provost marshal warns drivers who pull out in front of other vehicles, block traffic lanes or exhibit other aggressive tendencies, that they are driving on a federal installation and are subject to citations through the federal court system.

CFC information

Anyone needing information for this year or from 2001 Combined Federal Campaign, should contact John Belcher, 410-278-3131, or e-mail him at john.belcher@usag.apg.ar my.mil.

RAB meeting announced

The monthly Restoration Advisory Board meeting will be held April 25, 7 to 9:45 p.m., at the Edgewood Senior Center on Gateway Road. The topics will include updates on Other Edgewood Areas and the Lauderick Creek CWM Removal Action. Board meetings are open to the public; all APG employees

and citizens are invited. For more information call the Information Line, 410-272-8842 or 1-800-APG-9998.

Band performs top 40, April 3

"No Limits," the top-40 group that is formed from members of the 389th Army Band (AMC's Own), will perform at the Aberdeen Proving Ground post theater, April 3, 7 p.m.

This is their kick-off performance before beginning a nationwide tour to selected Army installa-

For more information, call Staff Sgt. Kay Reynolds at 410-278-7953.

Disposing of excess software

Excess software with accompanying DA Form See SHORTS, page 2

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Symbolic window honors Pentagon victims

Commander changes at CHPPM



Evelyn B. Riley

Brig. Gen. Lester Martinez-Lopez passed command responsibility for the U.S. Army Center for Health Promotion and Preventive Medicine to Brig. Gen. William T. Bester on March 14 at McBride Parade Field, Edgewood Area, Aberdeen Proving Ground, during a ceremony featuring the U.S. Army Ordnance Center and Schools' Salute Battery and the 389th Army Band (AMC's Own).

The Army Surgeon General and commander of the U.S. Army Medical Command, Lt. Gen. James B. Peake, hosted the ceremony. He thanked Martinez-Lopez for his leadership and competence.

"We salute the leadership that Brigadier General Martine-Lopez has given and we recognize the continued importance of leadership as we pass the flag to Brigadier General Bester," Peake said. "It has been a remarkable time for our nation and for CHPPM. We are a nation at war. CHPPM teams have again been found literally at the front providing the best information that commanders can possibly get to make key decisions that affect the health of their soldiers truly at the tip of the spear. We could not have had a better leader to keep that focus."

Martinez-Lopez was commander since Jan. 24, 2000. He also served as Functional Proponent for Preventive Medicine since Feb. 1, 2000.

His previous assignments include commander, Martin Army Hospital and PROFIS Commander, 14th Field Hospital, Fort Benning, Ga.; Joint Task Force Aguila Surgeon (Hurricane Mitch Relief) in Central America; and command surgeon, U.S. Army Forces Command.

Bester comes to CHPPM from the Pentagon where he served as the assistant

See COMMAND page 5

DOIM joins the battle against cyber terrorism

Sheila Little APG News

observation Information Assurance, or IA, Awareness Week, which began March 25, the Directorate of Information Management, or DOIM, is attempting to increase awareness of how government workers can contribute to network security.

Emphasizing IA Awareness Week, the APG News is featuring three articles in this issue covering ways to combat cyber crime. (See articles on pages 4 and 5.)

WAPG, Channel 3, will run Part One in a series of two programs which includes networks at risk, computer security 101, the importance of maintaining safe data, a proper response, and protecting your computer workstation on March 28, 9 a.m. The second half, on discretionary use and computer network misuse and consequences,

See AWARENESS, page 4

A'March' of success

(Editor's note: This is the last in a series of articles saluting the women of Aberdeen Proving Ground. This week's story highlights a U. S. Army Environmental Center

Talent, confidence and circumstances make a winning combination for AEC supervisor



Aldona Pryce

Sheila Little APG News

Photo by MELISSA PLUMMER

Aldona Pryce says she "was in the right place at the right time."

While considering a career as a teacher, and before receiving her degree in English at a local college, Pryce was contacted by recruiters for the federal government canvassing schools with large minority populations to join the federal work force. She

said being a minority and a woman from the school. proved to be a double bonus.

"I was often at the right place at the right time," Pryce said. "The women's movement was gearing up and the Equal Employment Opportunity Act had passed."

Born in Baltimore, the fifth child in a family of six, Pryce is a graduate of Brooklyn Park High School, and one of the first African-Americans to graduate

When the school began integration in 1960, they started with seventh grade students. While her older siblings decided to continue with the long bus ride to the closest all black school, Bates High School in Annapolis, the spunky seventhgrader enrolled at Brooklyn Park.

Pryce said both she and her parents were naive as to what to expect at the new See PRYCE, page 13

AER: Helping the Army take care of its own

Yvonne Johnson

Army Emergency Relief, or AER, is in its 61st year of operation. It was created in 1942 and the annual fund campaign has

been conducted since 1947. AER has provided \$800 million in assistance to more than 2.8 million people, active and retired, and their family members.

In 2001, more than \$39 million in AER assistance was provided to more than 57,000 soldiers and their families. This included more than \$34 million to 50,000 active-duty soldiers, more than \$4 million to retirees and more than \$1 million to widows/widowers of deceased soldiers.

Additionally, 1,800 children of active, retired and deceased soldiers received more than \$2.3 million in educational scholarships.

Financial emergency assistance is provided as interest-free loans, grants, when repayment would cause a hardship or as a combination loan and grant when repayment of the

full amount would cause a hardship. AER exists solely to help the Army take care of its own. Funds are solicited only from active duty and retired soldiers.

AER depends on contributions to fufill its mission of helping soldiers in time of need.

The following APG units donated \$2,826 to Army Emergency Relief during the week of March 18:

Company A, 16th Ordnance Battalion Company C, 16th Ordnance Battalion Headquarters and Headquarters Company, 16th Ordnance Battalion

520th Theater Army Medical Laboratory

Technology expo comes to APG

annual Information Technology Products and Services Expo hosted by the U.S. Army Garrison Aberdeen, Directorate of Information Management and the Corporate Information Office, U.S. Army Soldier and Biological Chemical Command, will be held April 11, Top of the Bay, Plumb Point Loop, 9:30 a.m. to 1:30 p.m.

More than 30 companies will be represented, including Adobe Systems, Alliance Micro, APW Wrightline, Audio Visual Innovations, Brocade Communications, USA, CDW-G, Canon Compaq Computer, Computer SBCCOM 410-436-3873.

spring Associates, Dell Computer, EME Solutions. Gateway. GovConnection, GMR, GTSI-Panasonic, Hewlett Packard, iGov, MEDI. NEC/Mitsubishi, Northrup Grumman IT, Professional Products Inc., Staples National Advantage, Westwood Computer and more.

> All Department Defense, government and contractor personnel with access to Aberdeen Proving Ground can attend this free

For more information, call Susan Suppa, DOIM, 410-278-7598, or Chris Zukowski,

New garrison executive offficer not new to APG

Yvonne Johnson

APG News

Aberdeen Proving Ground garrison has a new executive officer.

Lt. Col. Donnie Butler, an Army Reserve officer, was called to active duty to assist the installation during this time of heightened security.

"Primarily, I'm here to administer to the National Guard and Reserve soldiers brought in to augment our security force," Butler said, adding that he also "must keep abreast of current situations"

as the acting commander in

Mark's absence.

"I'm her understudy and the keeper of the troops," he said. A Vietnam and Gulf War

veteran from Madison, Ala., Butler is quite familiar with the goings on at APG, having served here annually for twoweek training cycles since 1997 as an Individual Mobilization Augmentee, or IMA, in the U.S. Army Soldier and Biological Chemical Command's IMA program.

Butler is serving a one-year active duty assignment, after volunteering his services following Sept. 11.

"I just called and asked if I was needed," he said. "I felt with the command's mission it was likely I would be."

Joyce Helms, IMA coordinator for SBCCOM, said Butler was the first to volun-

"We usually get a few inquiries during a crisis, but his came in first," Helms said.

She added that IMA personnel are highly skilled professionals from the private sector who train with SBCCOM to support crisis operations when needed.

Back in the real world,

Butler works for the Tennessee Valley Authority as a project engineer in occupational health and safety.

As an augmentee in SBC-COM, he is an occupational health and safety consultant with the Project Manager Chemical Demilitarization Risk Management.

Though his garrison job is not as technical, Butler said his duties, which vary from taking care of soldiers to standing in for the garrison commander, can be just as challenging.

> 'You have to be able to get See BUTLER, page 5



Photo by YVONNE JOHNSON Lt. Col. Donnie Butler

Post Shorts

SHORTS from front page

3161, Request for Issue or Turn-In, can be turned in every other Tuesday between 8:30 and 11 a.m. at building 4021.

For complete sets of software, the DA Form 3161 should include software name, manufacturer, date of manufacture, and the number of sets. For incomplete sets, the media (diskettes, CDs, etc.) must be separated from the manuals and other papers. The entire lot may then be listed as "Assorted software, 1 lot."

For more information or for a turn in that involves more than 100 boxes, call Sandy Schiller at 410-278-8883.

Family child care training offered

Family Child Care, or FCC, training will be conducted during the week of April 22 in building 2752. Interviews will be held on April 15 and 16. Applicants who are interested in providing home-based child are, especially infant care, are encouraged to apply. Being a professionally trained provider in a home environment offers many benefits: \$500 per week; self employment; free training in a marketable profession; transferable credit to Army installations world wide; free use of lending library; free referrals by Central Registry; free monthly newsletter; free workshops (nutrition, health, child development, safety, CPR, taxes); participation in the National CDA credential program and participation in the USDA food program.

For more information, call Gail Smith, 410-278-7477/8720.

FEEA scholarship applications due by March 29

The 2002-2003 Federal Employee Education & Assistance Fund, or FEEA, scholarship competition is underway.

Eligible applicants are civilian and federal employees with at least three years of service, and their dependents. Dependent applicants must be full-time students in an accredited degree program and must have a cumulative grade point average of 3.0 or higher.

An application form is posted on the FEEA Web site at www.feea.org.

The deadline for applications to be submitted is March 29. For more information, call Bruce Spruell, Northeast Civilian Personnel Operations Center, 410-306-0180, or fax, 410-306-0163. The NECPOC training calendar Web site address is http://cpolrhp.army.mil/ner/training.htm.

KUSAHC holds Food Handlers Class

The Environmental Health Section of Preventive Medicine Services will conduct a food handler's class on the second and fourth Wednesday of the month at Kirk U.S. Army Health Clinic, room A-14. This is a 1 and 1/2 hour class from 8:30 to 10 a.m. and is mandatory for all food service personnel (military and civilian) in the Aberdeen and Edgewood areas of Aberdeen Proving Ground.

Managers, directors or noncommissioned officers in charge of all food service establishments on post will ensure that their personnel attend this class. Attendance at this class will be a requirement for hiring new civilian employees.

Registration should be made at least three days prior to the class date. Class size is limited and is based on first-call, firstserved basis. For more information, contact Spc. Chris Roberts at 410-278-1956.

Kirk offers classes

The following classes will be held in the Preventive Medicine conference room (Room A-12), located on the first floor at Kirk U.S. Army Health Clinic. For more information and to register for classes, call Preventive Medicine, 410-278-1964.

Tobacco cessation: Classes are scheduled for four consecutive Wednesday evenings 7 to 9 p.m., April 3, 10, 17 and 24. Preregistration is required. All TRICARE PRIME beneficiaries are invited to attend.

Diabetes education: Classes are scheduled for four consecutive Tuesday evenings 6 to 8 p.m., April 9, 16, 23 and 30. All TRICARE-enrolled individuals with diabetes or parents or sponsors of a diabetic are invited to attend. Classes are taught by a certified diabetic educator and registered dietician.

Take care of yourself: The Take Care of Yourself class will be held the first and third Wednesday of every month, 10 a.m. to noon. April's class dates are 3 and 17. The purpose of the class is to teach patients how to treat minor illnesses and injuries at home and when to see a doctor. The class will be instructed by a registered nurse using the Take Care of Yourself and Taking Care of Your Child handbooks distributed to TRICARE Prime enrollees.

Attendees will receive a Medicine Cabinet Card which will allow them to request specific over-the-counter medications without having to see a Primary Care Provider. This education class and pharmacy privilege is limited to TRICARE Prime enrollees only. To sign up for this class, call 410-278-1725.

Purchase request submissions schedule

Early customer support in identifying and submitting purchase requests will assist the Robert Morris Acquisition Center's, or RMAC's, ability to meet customer needs. Early planning and coordination remain the keys to a successsful year-end.

The following schedule should be used for the submission of purchase requests for fiscal year 2002 and maintenance for fiscal year 2003.

- Noncommercial Items over \$100,000 by May 15. There may be instances where this date may not be adequate for complex actions. It is required that these actions be coordinated with the branch chief prior to this date.
- Noncommercial Items between \$2,500 and \$100,000 by
- Commercial items between \$100,000 and \$5 million by June 15.
 - Short-of-Award over \$2,500 by June 15.
- Commercial Items under \$100,000 by Aug. 15.

• Maintenance for fiscal year 2003 by June 15.

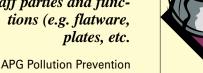
PD2, the Department of Defense contracting automated system, is used at both the Aberdeen and Edgewood sites. Although the RMAC purchase request submission schedule has been increased to permit additional time to process actions through this system, year-end requirements should be submitted as early as is reasonable to minimize the possibility of funds going unobligated at year end.

Submission of requests after the scheduled dates will be considered on a case-by-case basis.

Refer questions to Joyce Roberts, APG Branch, joyce.roberts@sbccom.apgea.army.mil, 410-278-0869; or Cynthia Phillips, Edgewood Branch, cynthia.phillips@sbc-

Pollution Prevention

To reduce solid waste, use durable, instead of disposable, items during staff parties and functions (e.g. flatware, plates, etc.



com.apgea.army.mil, 410-436-2554.

Commercial Activities Hotline available

The CA telephone hotline at 410-278-7414, and CA e-mail hotline at CA.Hotline@usag.apg.army.mil, are available to provide updates and answers to your questions concerning the CA Study. In addition, CA is now a choice on the first page of the APG Web site, www.apg.army.mil.

AA meetings held at APG chapel

Alcoholics Anonymous meets at the Aberdeen Post Chapel, building 2485, every Tuesday from 11:30 a.m. to 12:30 p.m. This is an open discussion meeting available to the entire Aberdeen community, military and civilian.

Army Band requests

Requests for the 389th Army Band (AMC's Own) should be submitted to Staff Sgt. Kay Reynolds, 410-278-7953, a minimum of 60 days in advance of an event.

CWF softball league forming

The Civilian Welfare Fund is looking for people interested in playing softball.

For more information, call Angela Keithley or Jacqueline McKeever at 410-278-4603/4771.

Volunteer tutors needed

The Aberdeen Proving Ground Tutorial Program provides volunteer tutors to assist local secondary school students who are having difficulty in various subjects.

School counselors select students who need help, want help, and who can benefit from tutorial assistance. The counselor informs the student's parents of the program. The parents then contact the APG Program Coordinator who selects an appropriate tutor from a list of volunteers. The tutor sets up a mutually agreeable place and schedule for help. Most tutors meet with students one to two hours a week.

No teaching experience is necessary to participate in this program, just a desire to help. If you are willing to tutor, provide name, address, telephone number, tutor subject (mathematics,

history, foreign language, vocation trade, English, biology, sciences, or other), and preferred geographical area, to Army Community Service, ATTN: Laura Reich, Army Community Service Family Advocacy Program, building 2754. For additional information, contact Reich at 410-278-7478.

Volunteer tutors are also needed for the Free State ChalleNGe Military Youth Corps. Tutoring is scheduled for Wednesday evenings, 7 to 8:30 p.m. Subject areas are mathematics, social studies, science, literature and writing. If interested in volunteering for this program, contact Dr. Webb at 410-278-6605/4541.

Make picnic reservations for 2002

Outdoor Recreation is accepting reservations from Aberdeen Proving Ground organizations for the 2002 picnic season. Call Outdoor Recreation for reservations at 410-278-4124, or visit building 2407.

MCSC to donate funds

The Aberdeen Area Military and Civilians Spouses' Club will donate funds to organizations and charities this spring. Groups interested in placing a request for funds should do so in

Requests should include name of organization requesting funds, the manner in which the funds will be used, list of other fund raising efforts, and a contact person for the organization (name, address and telephone number). Requests must be postmarked by April 1. Submit requests to: MCSC, P.O. Box 752, APG, MD 21005, Attn: Welfare Chairperson.

Updated MCSC scholarship information

Military/Civilian Spouse Club-funded scholarships (those awarded from the funds the club itself has raised over the course of the year) are available only to the members of MCSC and their immediate family members.

MCSC membership is open to all spouses (or surviving spouses) and members of the armed forces of the United States on active duty or retired, and Department of Defense civilian employees and their spouses or surviving spouses. Memberships are still available for the 2001-2002 year. The annual dues have been discounted to \$6 for the remainder of this

The MCSC and the Edgewood Area-Officers Wives Club each administer a First Command Scholarship for \$1,000 (formerly known as the USPA IRA Scholarship) that is available to any child or spouse of an active duty, retired or deceased servicemember (excluding the Reservists and National Guard) who will be enrolled in college during the 2002-2003 school

CAPA Field available for reservations

The Civilian Welfare Fund is taking reservations for functions at CAPA Field for \$200 per day.

People attending functions that do not have a military or civilian identification card will have to be escorted through the gate by a person who has a military or civilian ID or be placed on a roster. For additional information, call Angela Keithley or Jacqueline McKeever at 410-278-4603/4771.

EOC changes phone numbers

The Garrison Aberdeen Proving Ground Emergency Operations Center is now under the direct control of the Directorate of Safety, Health and Environment/Fire Department. The new telephone numbers for the EOC are 410-278-3182 and 410-278-3183.

The old 410-278-4500, 410-278-5225, and 410-278-5226 will remain with the S3 Operations Office assigned to the Directorate of Installation Operations.

CPOC Web site updated

The new Telegraph is now available on the Civilian Personnel homepage Operations Center http://cpolrhp.army.mil/ner/telegraph/tele1001/tellyframe.htm.

Within your reach

Get answers about how the Army is safely eliminating the mustard agent stockpile stored at the Edgewood Area of Aberdeen Proving Ground. For information, call or visit the Edgewood Chemical Stockpile Outreach Office, 1011B Woodbridge, Center Way, Edgewood, Monday through Friday, 8:30 a.m. to 5 p.m., 410-676-6800, or visit Web site wwwpmcd.apgea.army.mil.

Post closing announcement info

Employees of Aberdeen Proving Ground concerned about whether or not to report to work should call 410-278-7669 (SNOW). Television channels 2, 11, 13 and 45, as well as radio stations WAMD, WXCY, WBAL, WIYY, WPOC, WDEL,

The APG News, a civilian enterprise newspaper, is an authorized publication for members of the U.S. Army. Contents of the APG News are not necessarily official views of, or endorsed by, the U.S. government, Department of Defense, Department of the Army or the U.S. Army Garrison, Aberdeen Proving Ground. The newspaper is published weekly by the APG Public Affairs Office, ATTN: AMSSB-GIM, APG, MD 21005-5005, 410-278-1150. Printed circulation is 13,500.

Everything advertised in this publication shall be made available for purchase, use or patronage without regard to race, color, religion, sex, national origin, age, marital status, physical handicap, political affiliation or any other nonmerit factor of the purchaser, user or patron. If a violation or rejection of this equal opportunity policy by an advertiser is confirmed, the printer shall refuse to print advertising from that source.

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For advertising matters, call Homestead Publishing, 410-838-4400. Send articles or information for publication to the APG Public Affairs Office, Building 324, Second Floor, AMSSB-GIM, APG, MD 21005-5005; call the editor at 410-278-1150, DSN 298-1150; fax it to 410-278-2570; or e-mail it to editor@usag.apg.army.mil.

Deadline for copy is Thursday at noon for the following Thursday's paper.

JIAII	
APG Commander	Maj. Gen. John C. Doesburg
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Editorial Assistants	Marguerite Towson
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	Sheila Little
Graphic Designer	Diane Burrier
Wah sita	www.ananewe ana army mi

PET OF THE WEEK



Photo by YVONNE JOHNSON

Can you count three?

Veterinary Treatment Facility personnel are up to their arms in adorable kittens. Any one of these three cuties would make a great first pet for a child. These kittens and other cats and dogs are available for adoption at the VTF. You do not have to be active duty military to adopt a pet. For more information, call 410-278-4604.

Carlson Wagonlit Travel sponsors travel fair



Photo by SUSAN HAGAN

Hank Walston of J&W Charters, Inc. provides Ken Whipple with information about dinner cruises aboard the Lantern Queen at Carlson Wagonlit Travel's Travel Fair at the Aberdeen Recreation Center, March 14.

Susan Hagan

Carlson Wagonlit Travel hosted its annual travel fair at the Aberdeen Recreation Center on

Michelle Johnson, branch supervisor, said the purpose of the Travel Fair is to promote leisure travel. Johnson was expecting 200 or more people to attend the fair.

This year's fair featured approximately 29 vendors. Carlson Wagonlit hopes to increase that number for next year's fair.

Gina West, a regional sales manager for Apple Vacations, said she was thoroughly impressed with the vendors that participated in the travel fair.

"They've got the best of the best here," she

Whether looking for a day at an amusement park, a dinner cruise along the Susquehanna River or a week in the Bahamas, there was a vendor willing to assist. Representatives from airlines, cruise lines, hotels, tour operators, car rental agencies and amusement parks were available to answer questions and distribute information.

Visitors could also fill out a form to receive more information and be added to Carlson Wagonlit Travel's mailing list.

Apple Vacations was one of the tour operators at the travel fair. They offer vacations to a wide variety of places including Mexico, the Bahamas, Hawaii, and ski trips. Apple Vacations offers complete vacation packages or air-only or land-only packages. According to West, using a tour operator to plan your entire trip is a much better value than piecing it reached at 410-272-7124.

together yourself.

But for those looking for a place to stay for 30 days or longer for government travel or permanent change of station, Oakwood Worldwide is a good option. According to Wendy Fletcher, Senior Account Executive for Oakwood Corporate Housing, Oakwood "caters to the military." All of Oakwood's rentals are strategically placed near military bases.

The variety of vendors at the travel fair included Hess Hotels Group, Sandals Resorts, Hertz, Best Western, Norwegian Cruise Lines, Six Flags, Icelandair, Amtrak, and GoGo Worldwide Vacations, as well as many others.

Vendors featured novelties such as pens and water bottles embossed with their company logos to attract visitors' attention. In addition to give-aways, vendors donated door prizes such as T-shirts, free car rentals, free hotel weekend getaways, Aquarium tickets, DVD players and free airline tickets.

Jacqueline McKeever, Civilian Welfare Fund, was delighted to win a free stay at the Four Points Sheraton Hotel in Mt. Arlington,

If you're interested in traveling, make your first trip a visit to Carlson Wagonlit Travel. "FED SAVER" rates are offered for military, government employees and their families. Monthly specials are sent out via email or copies can be picked up in the office. For those that are interested in being added to the mailing list, contact Carlson Wagonlit Travel, located in Building 3326 on Erie Street at the Recreation Center. Hours for Leisure Travel are 9 a.m. to 5 p.m., Monday through Friday, and 10 a.m. to 3 p.m. on Saturday. Travel counselors can be

DIO celebrates 765 years of dedicated service

Lisa Weismiller

Thirty-six individuals from the Directorate of Installation Operations were honored by Col. Mardi U. Mark, garrison and deputy installation commander, and fellow co-workers in appreciation for their many years of service on Feb. 6. Ranging from 20 to 35 years of service, the individuals hold a combined total of 765 years of federal service.

After the ceremony, a brief reception was held where discussions centered on fond memories of their years of service.

favorite part of his job in the the Total Quality Management

Edgewood Area of the Facilities Team. Maintenance and Operations Division of Aberdeen Proving Ground is his fellow workers. Celebrating 25 years, Whitaker said he felt the DIO workforce was enduring many hardships to include Commercial Activities Studies and budget shortfalls. But in the end, they do what they must to get the job done.

"I work with the best people in the world," Whitaker said.

Marilyn Spence, Housing Division, said she also loves the people at APG. Her fondest memory during her 25 years of service employees returned to their work Harold Whitaker said his was her time spent as a member of

"It was a worthwhile effort that I truly enjoyed," Spence said.

Engineering and Construction Division's Regina Jensen celebrated 35 years of service. Starting her career as a GS-01 file clerk in the Civilian Personnel Office, the years took Regina all over post to include the U.S. Army Ordnance Center and Schools and the Chemical Directorate "Edgewood at Arsenal." She is presently performing duties as a contract performance specialist.

The talk ended too soon as the sites for another day of dedicated service.



Office of the Director Gregory W. Kuester **Facilities**

Maintenance and Operations Division Rodney S. Adams Charles D. Bartling Vincent E. Carcirieri Rodney G. Evans Edgar W. Faulkner Gerald T. Goldsmith Melvin Guidry Gilbert V. Jones Joseph M. Miller Jerall W. Morrison

Christian G. Serra

Clyde E. Sinclair Jr. Dwayne L. Vernon Wayne H. Webb Harold E. Whitaker Eddie Williams Jr.

Michael V. Wise

Ordnance and **Transportation** Division George J. Demers Ernest B. Truitt Supply and Warehousing Division

Nancy C. Govan

Robert J. Lewis

Anna L. Moore Edward L. Parylo Lylis M. Payne Dennis M. Plourde Catherine M. Preston Engineering and Construction Division Regina N. Jensen Debora K. Meranski Nicholas Mielcarek Narula, Ashok K Wilma J. Philips Housing Division Marilyn H. Spence



2002

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Cyber wars: the battle for information security

Office of the Army Chief Information Officer

The events of Sept. 11 shattered the untouchable image of the United States. As a result, homeland security efforts are a priority in the war on terrorism. Enhancing protected network access for the Department of Defense, or DoD, is paramount given the requirement to keep confidential information and communication between agencies secure.

"The DoD is facing a war that reaches beyond the battlefield," said Carolyn Bainer, DoD Biometrics Management Office acting director. "The security of the DoD's network infrastructure is also a target of potential terrorist acts. DoD civilian employees and contractors must be assured that only authorized individuals have access to authorized information."

In 2000, Army networks were exposed to more than 5,000 intrusion attempts of which less than 70 were successful. Intrusion attempts in 2001 nearly tripled, but less than 100 were successful, and during an undeclared "cyber war" between Chinese and U.S. hackers in the first two weeks of May 2001, more than 50 Army Web pages were defaced by an automated

Since January, there have been more than 5,000 intrusion attempts against the Army's network. Less than 15 of those have been successful.

The protection of our country's information infrastructure and

the ability to respond to an infrastructure emergency is critical to our Homeland Defense and our military.

"It was just 10 years ago that the first Web page was built and posted on the Internet," Lt. Col. Thaddeus D. Dmuchowski, the Army's Director of Information Assurance, said. "I don't think anyone realized just how quick the Internet would grow, or what an impact it would have on our country."

The military started paying close attention to its infrastructure security more than five years ago by establishing standards and policies to monitor, report, and prevent hacking incidents and intrusions, and establishing approved devices and equipment for use on its networks. The Department of Defense has also established procedures and policies for responding to an infrastructure

"These are the things that we are going to share with state and local officials to help them secure their infrastructure," Dmuchowski said. "The challenge is that in the 50 states there is no across-the-board standard. Each of them is running their own portion of the network in their own way. We found a similar situation in DoD when we started to look at our network security. Infrastructure security does prove that old adage 'a chain is only as strong as its weakest link.'

"We can offer the best business practices that DoD has put together over the last five years and share our information assurance awareness and training," he added.

While the events of September 11 have intensified the Homeland Security's examination of the country's infrastructure, the Department of Commerce established a working group more than a year ago to create a national plan to have federal government reach out and share its best practices with state and local officials. DoD has been a part of that working group since its inception.

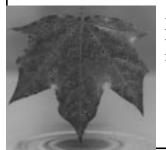
Since the terrorist attacks on the World Trade Center and the Pentagon, the President has issued two executive orders, which impact on the country's infrastructure security. The first was the establishment of the Office of Homeland Security on October 8 and the second was Executive Order 13232 to ensure protection of information systems for critical infrastructure, including emergency preparedness communications, and the physical assets that support such systems.

(Editor's note: The following article combines excerpts from three articles that can be found on Army Knowledge Online at https://informationassurance.us.army.mil/specialContent.asp? special+main. The three articles are: DoD implements aggressive biometric initiatives in 2002, author unknown, Network and computer security by Lt. Col. John Quigg, Office of the Army Chief Information Officer, and Our country's information infrastructure by Billy R. Shepherd, Information Assurance Office, Office of the Army Chief Information Officer.)

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Commentary -- Digital Dumpster Diving

Lt. Col. John H. Quigg Network Improvement Program

Is a hacker or foreign agent rooting around in your digital backyard at home?

Systems administrators protect you at work, but when you get home, look in a mirror this is the systems administrator who protects your home computer. How good are you? Even if you are digitally savvy, are your children? Your spouse? Would they open an attachment or get into an online chat with a stranger?

Today your position makes you a candidate for any number of people trying to leverage or target you and your organization. A home computer system can be compromised and used against you. Computer protection requires extra effort and the consequences of failure are dire. We tend to think that our home lives are separate from work, but the Internet provides an alternate avenue of approach for those who would do us harm.

The first thing attackers or agents of foreign governments will do is recon the target. Do you own land? Many property transactions are public record information. Driver's licenses, number of online sources. With this information it is rather simple to assume an identity - not to take out credit cards or to purchase things (although that is an everyday criminal threat), but to monitor

your activities (dialing in to your credit card company with Social Security Number, mother's maiden name, address, etc. to vouch identity and get a list of transactions tracing your activities and location for the last 30 days), get background information, or to masquerade as you (calling the night shift and pretending you can't remember your password - it happens all the time in the business world).

How much of your personal information is on the Internet already? Within the last month, police discovered a plot to steal military retirees' identities. The alleged criminal found his information by using the Internet to search public records in various courthouses where the retirees had filed their DD Form 295s.

Take the test. Go to an Internet search engine (ask the kids) and type in your name, your spouse's, and your children's. Some of you will be amazed at just how much "private" information there is about you on the Internet. A very minimal scan on a general officer yielded that his staff had done a wonderful job of removing useable official an issue for some, but the highwith all your contact and tax information from the net. As a er your position, the more VIP, however, much of his per- interesting your schedule is to social security numbers, phone sonal life was out there. His numbers, and addresses are mother-in-law's funeral write easily obtainable from any up, for instance, listed his wife's name, nickname, children, addresses, spouses, etc. Mine gave up a list of conferences attended, Command and General Staff College list, etc. and there are much better tools available.

The list is endless but the point is that you need to be mildly paranoid about what information is available out there.

When you link to the Internet, do you use a personal firewall? If you link via your government computer, your machine is protected by the Army's network, but from home if you dial up via a commercial Internet provider there is almost no protection. Because of limited reach off post, your digital presence and security is dependent on your own personal home defenses how good are yours?

Most of us need to be "connected" and available no matter where we are, and technology has made great leaps to help us maintain our connection. Wireless systems keep us in touch with the office no matter where we go, but how secure are they? "Mine is secure," you say. Are you sure? Most are good solutions, as wireless goes, but the only thing they encrypt is email traffic. The calendar information is out in the open when it goes across the airwaves- not those who would do you harm. Make sure that intruders aren't rooting around through your digital dumpster - balance and mitigate your risks to reduce threats to yourself, your family, and the Army.

(Editors Note: Quigg has a master's in computer science, master's in computer resource management and a bachelor's from the U.S. Military Academy. He currently serves as the chief, Army Network Security Improvement Pro-

Awareness

From front page

will run on Friday, March 29, 9

A computer security open forum for all APG employees will be held at the APG Recreation Center, building

332, March 28, 2 to 4 p.m. There will be a short presentation on computer security and an open question-andanswer session presented by the DOIM Information Assurance Team. This provides a chance to question the experts.

All garrison employees will be required to read the APG User's Guide and strictly adhere to policy as established by Department of Defense and the Garrison APG.

"Consider this guide to be your handbook on 'do's and don'ts' when it comes to computer usage and security," Mike Reynolds, computer security analyst for the DOIM, said.

Questions and or comments on the user's guide may be directed to Reynolds at mike.reynolds@usag.apg.arm y.mil. Additional information regarding information assurance topics is available through Army Knowledge Online and http://www.apg.army.mil/sec urity/userguide.htm.

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The changing faces of secure telephone communications

Mike Mays

The bad guys are still out there. And they're listening. Therefore the Directorate of Information Management, or DOIM, wants to take the opportunity afforded to it during Information Assurance Week to let readers know of the latest in telephone security.

The importance of guarding America's sensitive information cannot be stressed enough. Our adversaries recognize that intercepting telephone conversations is a good way to obtain classified or sensitive information.

The U.S. government is also aware that "loose lips sink ships" and many years ago developed secure telephone communications equipment as one way of combating the prob-

The DOIM Information Assurance Team stands ready to provide guidance and support to the installation and tenant community in the area of secure telephone communications.

Equipment used for secure telephone com- DOIM for all their STE support. munications has changed greatly since those old dinosaurs that required index cards and a forklift to move.

Technological advancements have brought us through four generations of secure telephones, from a unit weighting hundreds of pounds to the small units of today that weigh no more than an ordinary office phone. In fact, it can be your office phone.

The latest model in this long line of secure telephone units is the Secure Telephone Equipment, better known as STE. The STE is the new generation of secure voice and data equipment designed for use on advanced digital communications networks.

In many ways the STE looks and operates like the Third Generation Secure Telephone Units or STU-III that many use today. That familiarity has created a problem. A common perception is that because the STE and the STU look alike, they are the same and can rely on the

It is true the user still must go to the DOIM for encryption material but that's all. Users can program their own phone, determine how and where it is to be used, and sub-hand receipt the encryption cards.

The STE is different in ways that affect its function and support. For example, although designed for use on advanced digital networks, the STE can operate on either an Integrated Services Digital Network or Public Switched Telecommunications Network. The network used determines it functionality. It offers a toll quality secure voice, faster data rates than its predecessor and secure voice conferencing.

Another difference between the STE and the STU is the use of Terminal Privilege Authorities or TPAs. The TPA determines at the activity level the privileges to be installed on the phone. That eliminates the need for a visit from the DOIM Communications Security Officer to perform phone configurations. The Ann Buckingham, at 410-278-4444.

new phone can be interfaced with so many devices in so many ways. The STU-III revolutionized telecommunications as well as voice communications. The STE takes it one step farther and at a greater speed.

It also is a user-friendly device. The card that holds the encryption key can be programmed to operate multiple phones. A user can travel overseas and use the same card he or she uses everyday in the states to place secure calls. It only requires a simple process by the TPA to make it

The government no longer supports the purchase of a STU-III and the network that supports it will be phrased out in the year 2004 at the latest.

It's everyone's responsibility to guard America's security and the STE can go a long way to help in that effort.

For more information on the STE, call the installation Communication security officer, Jo

CPSC, Murray Inc. announces recall of riding lawn mowers



Yolanda Fultz-Morris

In cooperation with the U.S. Consumer Product Safety Commission, or CPSC, Murray Inc. of Brentwood, Tenn., is voluntarily recalling approximately 89,500 rearengine riding lawn mowers and about 6,200 mid-engine riding mowers.

The fuel tank can crack and leak fuel, posing a burn or fire hazard to consumers.

Murray has received 950 reports of fuel tanks leaking. These leaks resulted in six reports of fires including one report of minor burns.

Rear-engine Riding Mowers

The recalled riding lawn mowers have 30-inch cutting

The mowers were sold under Murray, Murray Select, Craftsman and Wizard brand

The brand name is printed on the front or side of the mowers.

Model numbers can be found under the seat or on a nameplate on the rear of the mower.

Models included in this

recall include: 3056

> 30560x5 30560x60 30560x99

30565 30575x7

30575x8

30575x31 30577x7

Command

From front page

surgeon general for Force Medal Projection and the chief of the Humanitarian Service Medal, Army Nurse Corps. He completed the U.S. Army War College in 1998 and subsequently served as commander, Moncrief Army Community Hospital, Fort Jackson, S.C. Previous assignments include chief nurse, Fort Benjamin Harrison, Ind., and deputy commander for Nursing at Fort Leavenworth, Kansas. In 1994, he was assigned as the deputy commander Nursing at the U.S. Army Medical Department Activity in Wuerzburg, Germany, and as the chief nurse of the 67th Combat Support Hospital.

His awards include the Legion of Merit (2 oak leaf clusters), the Meritorious Service Medal (3 oak leaf clus-

(with star), the the Army Achievement Medal, and several service ribbons. He is a member of the Order of Military Medical Merit, the Sigma Theta Tau Nursing Honor Society, and he holds the Expert Field Medical Badge and the Parachutist Badge.

In May 2001, Bester was invited back to the College of St. Scholastica to be the college's commencement speaker. At that time, he was presented with a Doctor of Humane Letters, Honoris Causa. In October, he was presented with the Alumni Achievement Award for 2001 from The Catholic University of America.



30577x31

502.251250 502.256210

502.256220 502.270210

502.270211 536.270212

MOM6115A59

MOM6115A89 Department and hardware stores, including Sears, Western Auto and Home Depot, sold the riding mowers nationwide from January 1995 through January 2002. Prices ranged from \$700 to \$1,200.

The recalled mid-engine riding mowers have 30-inch cutting decks and the brand names Murray and Yard King were printed on the front.

A nameplate under the seat of the mower displays the model number. Models involved in this recall are 309005X10, 309304X8 and 309306X89.

Department and hardware stores including Home Depot

and Western Auto, sold the mid-engine mowers nationwide from February 2001 through January 2002. Prices ranged from \$800 to \$950.

Consumers should stop using these riding mowers immediately and contact their nearest Murray Service Dealer for a free replacement fuel

For more information, call Murray, toll-free, at 1-800-246-5896 between 8 a.m. and 5 p.m. Central Time, Monday through Friday, or visit the firm's Web site at www.murray.com.

Consumers with Craftsman rear-engine mowers should contact Sears, toll-free, at 1-800-659-7026 anytime.

To see a picture of the recalled product(s) and/or to establish a link to CPSC's Web site, link http://www.cpsc.gov/cpscpu

b/prerel/prhtml02/02113.ht

2002 changes may increase tax credits

MilitaryReport.com

Changes to the earned income tax credit law may put extra money in the pockets of some servicemembers and families when they file their 2002 federal income tax returns next year. The Earned Income Tax Credit, or EITC, reduces the tax for those with earned income below an annual threshold.

For tax year 2001, nontaxable and deferred benefits, such as military employee basic housing and subsistence allowances, combat zone compensation, and contributions to

the Thrift Savings Plan, were counted as earned income.

For 2002, earned income will be figured solely on compensation that is taxable in 2002. Thus most military personnel who currently claim EITC will be entitled to a larger credit next year. Moreover, some with earned income too high for EITC for tax year 2001 will become eligible.

For more information, visit the IRS at http://www.irs.gov.

For a handy guide on taking care of your taxes, see http://www.military.com/Fin ance/Content?file=taxes ma in.htm&area=Content.

It's Coming!



May 17th & 18th **Edgewood High School**



Butler

From front page

along with the tenants, settle or rule on disagreements, put out fires, tend to everyday business and take care of all your people, military and civilian," Butler said.

He described his job as 'super interesting," noting that "there is always something

He said he enjoys APG and is pleased with the supportive atmosphere in the garrison.

"Everyone has treated me well. I have yet to run into any barriers," Butler said.

A career chemical officer, Butler holds a bachelor's degree in chemistry, and two master's degrees, one in industrial hygiene, the other in business administration.



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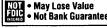
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ACS Shorts

Blue Ribbon Campaign begins

During the past several years, the blue ribbon has been widely recognized as a national symbol of child abuse awareness. This movement began in the spring of 1989, when a concerned grandmother, Bonnie Finney, of Norfolk, Va., took a stand against child abuse after experiencing the death of her grandson. She tied a symbolic blue ribbon to her van as a signal to her community of her personal commitment to involve everyone in the battle to stop child abuse. The spirit of her blue ribbon grew, and it inspired a statewide community based effort to join forces in this tragic battle. Join with Army Community Service and either tie a blue ribbon to your vehicle antenna or wear a blue ribbon on your lapel to show your support for Child Abuse Prevention Month. Ribbons will be available to the APG community April 4 at building 2754 Rodman Road, Army Community Service.

Building blocks to success

The Financial Readiness Program offers workshops to military and civilian employees on money matters such as saving and investing, budgeting, checkbook management, and using credit wisely. Classes are on Thursday, 11:30 a.m. to 12:30 p.m. as follows: April 11 - The Art of Budgeting, April 18 -Credit Card Awareness, and April 25 - Saving and Investing

For further information and to register, contact Arcelio V. Alleyne, 410-278-2450 or e-mail Alleyne at arcelio.alleyne@usag.apg.army.mil.

It's 'Showtime at APG'

To recognize April as Child Abuse Prevention Month, the Family Advocacy Program and the Exceptional Family Member Program of Army Community Service will host "Showtime at APG," a talent show of children 18 and under, Monday, April 22, at the Aberdeen Area Recreation Center, 6:30 to 8:30 p.m.

If your child can sing, dance, act, play an instrument, tell a joke, or any other talent, bring them to an audition, April 1 or 8 at ACS, building 2754. Group talents are welcome to participate. Auditions are required to participate. If you would like to register for the auditions, or need special accommodations, call Reeshemah Bugg, exceptional family member program manager at 410-278-2420, or Laura Reich, family advocacy prevention specialist, 410-278-7478.

VTC unites military family members

Army Community Service has set up a free video teleconference, or VTC, available for military families to get in touch with their deployed loved ones. The VTC is located at ACS, building 2754, Rodman Road. Families will be able to see each other on a wide screen while they talk. To set up an appointment, call ACS, 410-278-2453/7474.

PIE for exceptional family members

Army Community Service sponsors the Parent Information Exchange for exceptional family members from 6:30 to 8:30 p.m., the second Monday of each month at the ACS, building 2754. Space is limited for child care - call in advance if needed. For more information, call Reeshemah Bugg, 410-278-

Playmorning resumes

Playmorning is available for children between the ages of birth to 6 years. It will be held every Thursday in Edgewood in building E-1902, 9:30 to 11 a.m. Playmorning continues in Aberdeen every Wednesday at the Aberdeen Area Chapel. For additional information, call Diana Hayes, Parents & Children Together coordinator, 410-278-7474/7478.

AFTB back at APG

Army Family Team Building is a program that stresses military mission readiness and family readiness. The mission is to educate and train all of America's Army. AFTB shares knowledge, skills and behaviors designed to prepare Army families to cope successfully with today's military. Diana Jackson, the AFTB program manager, will schedule courses that focus on adapting to military life, accepting challenges, managing change and developing life skills. For information on classes, briefings and volunteer opportunities, contact Jackson, 410-278-7474.

ACS theme: Self-Help, Service and Stability

www.armymwr.com

The Army Community Service emblem depicts a cross, gyroscope, and a heart, an idea associated with kind-heart-

bility. The image the cross was taken from an organization whose

help

sta-

ed

and

purpose was to provide help for the sick and needy during the Crusades in the Middle Ages. It may have been the first organized program of individualized relief services in an armed fighting The cross symbolizes help, the gyroscope represents

equilibrium stability, and heart reflects the ACS program as a living, sustaining force in the lives of Army per-

and

and

The colors of the Army green uniform with the gold of its buttons and insignia are combined in the emblem. The full circle represents the whole of the Army

sonnel

their families.

CS is availab



Marilyn Howard

Readiness Program

The Employment Readiness

Program, or ERP, located in

building 2752, assists family

members who are relocating

due to a military or civilian

sponsor's permanent change of

station, by providing informa-

tion and other services to min-

imize employment problems

The ERP has a computer lab

containing software programs

and Internet access to assist in

job searches and an employ-

ment bulletin board. Annually,

ERP teams with Harford

County and potential employ-

ers on and off post to present a

job fair that is open to all job

For more information, con-

tact Marilyn Howard, employ-

ment readiness program man-

ager, at 410-278-9669 or e-

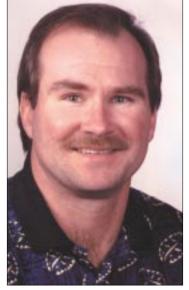
mail her at marilyn.howard@

usag.apg.army.mil.

seekers.

associated with such moves.

Employment



Larry Peffers

Information, Referral Program

Information and Referral, or I&R, is the backbone of all for any type of assistance, help with a personal problem.

for ready access to information that will assist customers and enhance the quality of life in the military community. In addition, incoming soldiers are signed onto the installation through the I&R.

resource directory which includes an alphabetical listing of service agencies, an area tion, and an agency directory for quick reference.

ACS programs. It is located at the reception desk in building 2754 and is the place to start whether it's getting acquainted with the Army lifestyle or for

I&R provides a focal point

The I&R maintains a listing by geographical loca-

For information, contact Larry Peffers, I&R specialist, at 410-278-7474/7572, or email Peffers at lawrence.peffers@usag.apg.army.mil.



Photos by APG Photo Lab

Celestine Beckett

Celestine Beckett is the Aberdeen Proving Ground Army Community Service team leader. She oversees the ACS vision, which foresees a community that facilitates and supports the stability and self-sufficiency of military members, civilian employees and their families.

Beckett said the ACS mission is two-fold.

"Our mission is to facilitate the commander's ability to provide comprehensive and responsive services that support readiness of soldiers, civilian employees and their families," Beckett said.

"In addition, we seek to maximize technology and

resources, adapt to unique installation requirements, eliminate duplication in service delivery, and measure service effectiveness."

To meet the mission to continuously exceed customer expectations and provide the highest quality service, ACS adopted the following values: customer focused, leadership, teamwork, innovation, responsibility and open and effective communica-

For additional information, contact Beckett at 410-278-2500, cell 410-652-6530 or e-mail celestine.beckett@usag.apg.ar my.mil.



Diana Jackson

Army Family Team Building

Army Family Building, or AFTB, is a volunteer-led organization that provides training and information to spouses and family members, military and civilian, to support the total Army effort. The mission is to educate and train America's Army in knowledge, skills and behaviors designed to prepare Army families to move successfully into the future. This is accomplished through periodic classes, a quarterly newsletter, and a supplemental training guide, available in several languages.

Classes offered through AFTB include military life, accepting challenges, managing change, benefits and entitlement issues, networking, building effective family readiness groups and developing life skills.

Senior spouse leadership training is provided to the spouses of soldiers in attendance at the Army War College and Sergeants Major Academy. It can enhance skills in problem solving, coaching, mentoring and volunteer management.

For more information, contact Diana Jackson, 410-278-3464 or e-mail diana.jackson@usag.apg.army.mil.



Reeshemah Bugg

Exceptional Family Member Program

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The Exceptional Family Member Program, or EFMP, assists military personnel with family members who have physical, emotional, developmental, or intellectual needs that require special treatment, therapy, education, training, equipment or building modifications.

Governed by Army Regulation 608-75, the mandatory program works with military and civilian agencies to provide a comprehensive, coordinated, multi-agency approach for medical, educational, community support, housing, and personnel services to families with special

The EFMP offers a variety of support services such as enrollment assistance, client diers advocacy, specialized child tive care, early intervention refer- skills rals, relocation assistance, community support resources, recreational activities, the Parent Information Exchange monthly support group, coordination of individual education plans and special needs parenting classes.

For information, contact Reeshemah Bugg, EFMP manager, at 410-278-2420, or email her at reeshemah.bugg@ usag.apg.army.mil.



Hattie Sanford

Beth Kappauf

Edgewood Area ACS

The Edgewood Area ACS office is located in building E-4630, and is operated by volunteer, Hattie Sanford. She offers a personal touch by visiting incoming residents to the community to welcome them and provide them information about ACS programs. The office provides Standard Installation Topic Exchange Service, welcome packets, and lending closet items.

The office is open Tuesday and Thursday, 10 a.m. to 2

For more information, call Hattie Sanford, ACS volunteer, at 410-436-3362, or e-mail: hatsumi.sanford@usag.apg.ar my.mil.

Women, Infants and Children

The Women, Infants and Children program, or WIC, is a federally funded program that provides healthy foods and nutrition counseling to pregnant women, new mothers, infants, and children under the age of 5.

WIC is available through ACS on Tuesday at building 2754, 9 a.m. to 3 p.m.

Appointments can be made through the PACT coordinator. Contact Diana Hayes PACT program coordinator and Beth Kappauf, WIC Nutritionist/Lactation Consultant, at 410-278-4372.

Ser

Service Gui

le when you need it



Laura Reich



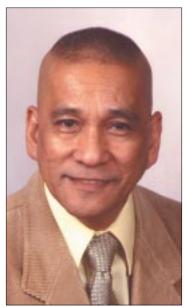
Diana Hayes



Marge Fissel



Arcelio V. Alleyne



Fred Posadas



Cheryl Harris

nily Advocacy Program

ne Family Advocacy Program, or FAP, otes and supports the foundations of y well-being. Services include family nce prevention training for commanservicemembers and employees; systic training for effective parenting or P classes; and teen workshops on decimaking, self-esteem, anger manage-, peer pressure and communicating

fety education is offered to teach chilabout sexual abuse and to help them op awareness skills to keep them safe. ne FAP offers training on various subthroughout the year. The topics include a violence and the effect on children, during the holidays and toolbox for

e are always looking for subjects our nunity needs, so let us know what we lo to help you.

tim Advocacy Program

ne Victim Advocacy Program helps soland their family members learn posicommunication and problem-solving s. Sessions include information on estic violence, emotional support, safe confidential ways to seek assistance, tance securing medical treatment for es, legal rights and resources, before, g and after trial support, follow-up and ort group information.

or information, contact Celestine ett FAP program manager, at 410-278-, or e-mail Beckett at celestine.beckusag.apg.army.mil or Laura Reich, y advocacy prevention specialist, at 278-7478, or e-mail Reich at

.reich@usag.apg.army.mil.

Together

Parents and Children Together, or PACT, an extension of the Family Advocacy Program, provides supportive services to military families who are expecting a child or who have children from birth to 6-years old through a variety of programs, including home visits, support groups and parenting classes. PACT helps parents learn to cope with stress, isolation, postdeployment reunions, and the everyday demands of parenthood. This voluntary participation program was developed to assist military families in the same ways that friends and family do back home.

Playmornings, an interactive playgroup, teaches parents developmentally appropriate play. The playgroup is also designed to help children improve their social, cognitive and motor skills. Playmornings on the Aberdeen Area are Monday and Wednesday at the APG Chapel, 9:30 to 11:30 Edgewood Area Playmornings is held at the Youth Center, building E-1902, 9:30 to 11:30 a.m.

For information, contact Diana Hayes, PACT program coordinator, at 410-278-4372 e-mail Hayes diana.hayes@usag.apg.army.mil. mil.

Parents and Children Army Emergency Relief

Army Emergency Relief, or AER, is the Army's emergency financial assistance program.

It provides financial assistance for emergencies that are unforeseen and require immediate attention.

AER helps eligible soldiers, active and retired and their dependents, National Guard and Reserve soldiers on continuous active duty for more than 30 days and their dependents, and surviving spouses and orphans of deceased sol-

AER also provides financial assistance to other services through relief agencies. Assistance is provided as an interest-free loan.

Under extreme circumstances, assistance may be given as a grant. Each AER request is per-

sonal and is considered on its Any emergency must have

originated from other than the soldiers own actions. The AER office is located in

building 2752, Room 200. For AER assistance, call Marge Fissel, AER officer, at 410-278-2508 or e-mail at marge.fissel@usag.apg.army.

Financial Readiness Program

The Financial Readiness Program offers a wide range of services to assist soldiers and their families with their financial affairs. Emphasis is placed on educating soldiers and spouses in money management, planning and budgeting, developing a spending plan, savings and investing, banking and checking accounts, insurance, retirement planning, using credit wisely, and understanding Thrift Savings Plan, Career Status Bonus/REDUX Retirement System, and Family Subsistence Supple-

mental Allowance. Other services provided are, budget counseling, debt liquidation plans, consumer education, check writing assistance, help in developing saving habits and tax information. Consumer assistance is offered in cases involving conflict with local business and clients are encouraged to work with creditors to gain stable, manageable financial positions. In all cases counseling is provided on an individual/confidential basis.

For more information contact Arcelio V. Alleyne, financial readiness manager, at 410-278-2450, or e-mail him at arcelio.alleyne@usag.apg.army.mil.

Relocation Readiness and Deployment **Mobilization programs**

The Deployment and Mobilization Readiness program assists active and reserve component soldiers, family members, retirees, and emergency-essential civilians in support of military operations/deployment or mobilization, to include mass casualties, evacuations and natural disasters.

In case of deployment or mobilization, a Family Assistance Center will be established in on and off post facilities.Support services provides assistance for the establishment of unit Family Readiness Groups, viable Family Care Plans and to the rear detachments during deployment or mobilization.

taken advantage of the Video Tele Conference capabilities, which allow soldiers and family members visual contact with their deployed loved

For more information, contact Fred Posadas, at 410-278-2453, or e-mail Posadas at godofredo.posadas@usag.apg. army.mil. See next column for relocation readiness program.

Relocation Readiness

The Relocation Readiness program is designed to provide a smooth transition for soldiers between assignments.

One of the most useful tools for the relocating soldier or family member is the Standard Installation Topic Exchange Service, which lists information on installations around the

Relocation Readiness also offers unit sponsorship training, citizenship classes and language classes for soldiers and family members. English lessons are provided for those whose primary language is other than English.

For information, contact Posadas, relocation manager.

Relocation Readiness services include the Lending Closet, which loans basic kitchen and housekeeping Several local families have items to military personnel and their families and assisting at the Newcomer Orientation, a quarterly briefing by installation and local organizations for arriving personnel and their families to help them get acquainted with the communi-

> For more information, contact Cheryl Harris, relocation readiness assistant, 410-278-7474, or e-mail Harris at acslend@usag.apg.army.mil.

Photo by YVONNE JOHNSON

Weighing in on WIC

na Hayes, right, Parents and Children Together coordinator, ghs in a fidgety Timothy Moshier, 5, during processing for the men, Infants and Children program at the Army Community vice building 2754. The WIC program recently returned to the ving ground, and is coordinated by Hayes and Beth Kappauf, WIC rition/lactation consultant.

ACS calendar of events



THURSDAY MARCH 28 PARENTING CLASS

Parents and Children Together presents "Family Matters." The class is designed to provide enrichment to parents. Class will be from 6:30 to 8:30 p.m. at Army Community Service, building 2754.

For more information, call Diana Hayes 410-278-4372.

THURSDAY APRIL 4 **ACS OPEN HOUSE**

Join the Army Community Service staff for their annual Open House at building 2754, Rodman Road. Light brunch will be served from 8:30 to 10:30 a.m. for unit commanders and first sergeants. Light lunch will be served from 11:30 a.m. to 1:30 p.m. for the civilian work force and partnership agencies. Light hors d'oeuvres will be served from 4:30 to 6:30 p.m. for military members and their families. To R.S.V.P., call 410-278-7572 by March 29.

WEDNESDAY APRIL 10, 17, 24 ARMY FAMILY TEAM BUILDING

An Army Family Team Building, or AFTB, class will be held 6 to 7:30 p.m. at Army Community Service, building 2754. Class topics include military terms and acronyms, customs and courtesies, chain of command and concern, impact

of the mission on family life and military and civilian community resources.

AFTB provides training for a way of life that prepares everyone in America's Army to function at their highest level, in any situation, with minimal outside

R.S.V.P. by April 8 by calling Diana Jackson, 410-278-2464.

WEDNESDAY **APRIL 17 FAP HOSTS INFORMATION**

April is Month of the Military Child and Child Abuse Prevention Month. The Family Advocacy Program will be hosting an information booth at the Aberdeen Proving Ground Commissary, 10 a.m. to 2 p.m. Literature on child development, family safety and new parenting will be available. Blue Ribbons will also be available to help show your support for Child Abuse Prevention Month. For more information, call Laura Reich, 410-278-7478.

THURSDAY APRIL 18 AATEEN JOB PREPARATION WORKSHOP

The Army Community Service **Employment Readiness Program, Child** and Youth Service Liaison/Youth Education Services, Bel Air Workforce will sponsor an Aberdeen Proving

Ground Teen Job Preparation Workshop, 4 to 6 p.m., at the Aberdeen Area Youth Center, building 2522. Topics include resumes, paychecks, interview skills, job skills and completing applications, and will assist in giving all youth the greatest possible opportunity to achieve their highest potential in learning and work-

For more information or registration, call Marilyn Howard, ACS Employment Readiness, 410-278-9669, or Ivan Mehosky, CYS School Liaison/Youth Education Services, 410-278-2857.

THURSDAY MAY 9 EATEEN JOB PREPARATION WORKSHOP

The Army Community Service **Employment Readiness Program, Child** and Youth Service Liaison/Youth Education Services, Bel Air Workforce will sponsor an Aberdeen Proving Ground Teen Job Preparation Workshop, 4 to 6 p.m., at the EA Youth Center, building E-1902. Topics include resumes, paychecks, interview skills, job skills and completing applications, and will assist in giving all youth the greatest possible opportunity to achieve their highest potential in learning and working.

For more information or registration, call Marilyn Howard, ACS Employment Readiness, 410-278-9669, or Ivan Mehosky, CYS School Liaison/Youth Education Services, 410-278-2857.

Community Notes

SATURDAY MARCH 30 **'EASTER CELEBRATION'**

The APG Post Chapel will host an 'Easter Celebration' at 10 a.m. All ages are welcome to attend; food and fun for everyone. Jack Foreaker will provide entertainment. Foreaker has worked in films, television, on stage and in clubs and hospitals, and has worked with Muppeteer Jim Henson. For more information, call the Post Chapel at 410-278-4333.

SUNDAY MARCH 31 **EASTER SUNDAY BRUNCH**

Top of the Bay will hold an Easter Sunday Brunch with two seatings: 9:30 to 11:30 a.m. and 12:30 to 2:30 p.m. The late seating fills first, so make reservations early.

The menu will include an omelet station, French toast, waffles, sausage, bacon, creamed beef with biscuits, home fries, grits, Danish, muffins, cereal, carved top round of beef, smoked turkey and ham, seafood creole, baked cod with white wine sauce, pasta, potatoes, rice, vegetables, desserts, and beverages, including champagne and bloody Marys. The Easter Bunny will pay a visit and pass out

Make reservations by Thursday, March 28, 4:30 p.m., by calling 410-278-2552/3062. Advance payment with a major credit card will be accepted.

EASTER SUNRISE SERVICE AND BREAKFAST

First Baptist Church of Aberdeen, 219 E. Bel Air Ave., will have an Easter Sunrise Service in the Golden Corral parking lot at 6:30 a.m.

Immediately following the service, Golden Corral will open for their breakfast buffet. Tickets are available in advance or on Easter Sunday. For more information, call 410-272-2845.

THURSDAY APRIL 4

DISCUSSION ON COLON CANCER

The Aberdeen Proving Ground Committee for the Disabled presents Lorine Kirby, of the Baltimore County Health Department's Regional Coalition for Colorectal Cancer and the American Cancer Society, speaking on colon cancer at 2:30 pm, at Top of the Bay.

The presentation is open to the entire APG community. For more information, call Angela Cheek, 410-278-1140. (This presentation is not an APG endorsement of the American Cancer Society, and is only intended to provide educational information.)

FRIDAY

APRIL 5

COUNTRY HOE DOWN

The Harford County Country/Western Dance Association, a non-profit organization, sponsors country western dancing each Friday at the American Legion located on Parke Street in Aberdeen. Dancing will be held 7:30 to 11:30 p.m. Everyone is welcome. Cost of admission is \$8 and includes draft beer, soda, chips and pretzels. For more information, call 410-272-8318.

SATURDAY

APRIL 6

WACVA MONTHLY MEETING

The Women's Army Corps Veterans' Association Maryland Free State Chapter #70 will hold their next meeting at 10 a.m. at the Aberdeen Senior Citizen Center. All women who have served or are serving in the Women's Army Auxiliary Corps, Women's Army Corps, Regular Army, Army Reserve, Army National Guard and Army Nurse Corps are welcome to attend. Also welcome, as associate members, are women of the Navy, Marines, Air Force and Coast Guard.

For more information about the association, contact Wanda Story, 410-272-5040 or visit Web sites www.wacva.com or www.armywomen.org

KEEPTHE FIRE BURNING

The Protestant Women of the Chapel will host a daylong seminar at the Post Chapel, 9 a.m. to 5:30 p.m. Two speakers will address what it means to have passion for your husband and what that has to do with your walk with the Lord; how we show Christ's character to those around us; and fixing our eyes on Jesus - in our relationships. The seminar includes a soup and salad lunch and free child care. Reservations for child care should be made in advance by calling Nancy Brugh, 410-272-1098, or Machele Washok, 410-272-0519.

SUNDAY APRIL 7

BASKET BINGO

American Legion Post 194, Rising Sun, is sponsoring a basket bingo. Games begin at 3 p.m. For more information, call 410-658-3915. Proceeds will benefit Boy Scout Troop 28.

SATURDAY

APRIL 12

BAKERFIELD ELEMENTARY SCHOOL BINGO

Basket Bingo to benefit the Bakerfield Elementary School will be held at the Aberdeen Fire Hall, Rogers Street, Aberdeen, 7 p.m.; doors open at 6 p.m. Food, drinks and baked goods will be available Cost is \$10 per ticket; additional sets are available for \$5. For tickets, call Sandy Pierce, 410-273-7184.

THURSDAY

APRIL 18

TEEN JOB PREPARATION WORKSHOP

The Army Community Service Employment Readiness Program, Child and Youth Service Liaison/Youth Education Services, Bel Air Workforce will sponsor an Aberdeen Proving Ground Teen Job Preparation Workshop, 4 to 6 p.m., at the Aberdeen Area Youth Center, building 2522. Topics include resumes, paychecks, interview skills, job skills and completing applications, and will assist in giving all youth the greatest possible opportunity to achieve their highest potential in learning and working.

For more information or registration, call Marilyn Howard, ACS Employment Readiness, 410-278-9669, or Ivan

Mehosky, CYS School Liaison/Youth Education Services, 410-278-2857.

FRIDAY

APRIL 19 BASKET BINGO

Basket Bingo to benefit AHS soccer will be held at the Aberdeen Fire Hall, Rogers Street, Aberdeen, at 7 p.m. Doors open at 6 p.m. Food, drinks and baked goods will be available. Tickets cost \$10. For information or tickets, call Brenda Conjour, 410-273-7332.

SATURDAY

APRIL 20

STEP UP TO A CURE

Do something healthy for yourself and your community at the Maryland Chapter of the National Multiple Sclerosis Society's 'MS Walk in Bel Air,' starting at Bel Air High School. By walking five miles, you not only keep yourself in shape, but you get the chance to help local residents living

The National Multiple Sclerosis Society is dedicated to ending the devastating effects of multiple sclerosis. The society is the leading provider of information and programs for people with MS and their families as well as the supporter of more MS research projects than any other voluntary MS organization in the world.

For more information, visit www.nationIMSsociety or call 1-800-FIGHT-MS.

SUNDAY

APRIL 21

HARFORD CHORAL SOCIETY SPRING CONCERT

The Harford Choral Society spring concert will be held at 3 p.m. at St. Mary Magdelene Mission of St. Margaret, 1716 Churchville Rd., (Rt 22), Bel Air. The cost is \$12.50 for adults, \$10 for seniors and students over 15.

Tickets are available at Preston's Stationary, Music & Arts in Festival at Bel Air, at the door, or by calling Mindy Elledge, 410-939-0338.

WEDNESDAY

APRIL 24

ASMC LUNCHEON

The American Society of Military Comptrollers, Chesapeake Chapter, will host a luncheon at the Gunpowder Lounge, Top of the Bay, Aberdeen Proving Ground, 11:30 a.m. to 1 p.m. Buffet style luncheon is pay as you go. Chapter president, David Mike, will speak on the upcoming 2002 Professional Development Institute seminar to be held in Denver, Colo., May 28 to 31. If interested in attending, contact your ASMC representative.

'ONE WAY 2 PLAY-DRUG FREE'

Child and Youth Services Division, the Chaplain Activities Office, and the Fellowship of Christian Athletes is sponsoring "One Way 2 Play-Drug Free," a program to confront the problem of drugs and alcohol among young people. It consists of three key ingredients: faith, commitment and accountability. It goes far beyond 'just say no' by helping create a positive peer pressure group through accountability to others in a group or team. It provides a platform on which someone can actually stand up and be counted.

Steve Fitzhugh, a former Denver Broncos National Football League football player, will speak at the Aberdeen Proving Ground Post Theater, 7 to 8:30 p.m. Fitzhugh is one of the nation's most effective youth communicators, bringing unparalleled passion to the critical issues of today. He engages the most difficult to reach students with life changing insight. His use of timeless principles when communicating with young people challenges them and leaves them excited about their lives and futures.

For more information, contact Bill Kegley at 410-306-2297 or Ivan Mehosky at 410-278-2857. Youth must be at least 13 years old to attend.

SATURDAY APRIL 27 BASKET BINGO

Basket Bingo to benefit Good Shepherd Catholic School will be held at the Good Shepherd School, 810 Aiken Avenue, Perryville, 7 p.m. Doors open at 6 p.m. Food, drinks and baked goods will be available. Tickets cost \$10; additional sets can be purchased for \$5. Tickets are available by calling Good Shepherd School, 410-642-6265 or Brenda Conjour, 410-273-7332.

TRIPTO SIX FLAGS

Club Beyond and the Aberdeen Proving Ground chapels are sponsoring a bus trip for middle school students (grades sixth to eighth) to Six Flags America. Meet at the Aberdeen Area Chapel at 8 a.m. Suggested donation is \$30 and includes transportation, admission and lunch. Registration deadline is April 12. For questions or more information, call Alan Leavell at the chapel, 410-278-4333.

(Note: The original trip date, April 13, was cancelled by the customer and changed to April 27.)

SATURDAY

MAY 11 **CWF BUSTRIPTO NYC**

The Civilian Welfare Fund is sponsoring a trip to see "42nd Street" on Broadway, in New York City. The price is \$110 per person, which includes charter bus transportation and the ticket for the show.

For reservations or more information, contact Angela Keithley or Jacqueline McKeever at 410-278-4603/4771.

FRIDAY

MAY 17 BASKET BINGO

Basket Bingo to benefit the U.S. Army Center for Health Promotion and Preventive Medicine Organization Day will be held at the Aberdeen Fire Hall, Rogers Street, Aberdeen. Doors open at 6 p.m.; bingo begins at 7 p.m. Tickets cost \$10; additional sets cost \$5. Food, drink and baked goods will be sold. Tickets are available by calling Anne Gibson 410-378-3338 (home), 410-436-2800 (work), or Brenda Conjour, 410-273-7332.

MOVIES

ADMISSION: ADULTS \$3, CHILDREN \$1.50 Building 3245 Aberdeen Boulevard



SUPERTROOPER

Friday, March 29, 7 p.m.

Starring: Joy Chandrasekhar, Kevin Hefferman

Thorny, Rabbit, Mac and Foster are Vermont State Troopers.

Unfortunately, their quiet existence hasn't gone unnoticed. The state has targeted their low volume station for a potential budget slash. Hoping to avoid the axe, the guys buckle down to impress the higher ups. But success is hard to come by. (Rated R)

BIG FAT LIAR (FREE ADMISSION)

Saturday, March 30, 7 p.m. Starring: Frankie Muniz, Paul Giamatti



Jason is a 14-year-old who thinks on his feet and when he has to prove that Hollywood producer Marty Wolf stole his class paper and is turning it into the blockbuster movie Big Fat Liar, he is ready for battle. (Rated PG)



ROLLERBALL

Saturday, March 30, 9 p.m. Starring: Chris Klein, LL Cool J

Jonathan is the most popular player in Rollerball. Along with his teammates, he is living the high life for

giving viewers what they want. Things go wrong when Rollerball's creator, Petrovich, realizes that serious on court accidents bring instantly higher ratings. Soon Jonathan and his friends are playing for their lives. The teammates find themselves trapped in a new game without any rules. (Rated R)

Library Book Corner

These recently published titles are available at the APG MWR Library:

The following recently published fiction titles are available at the APG MWR Library:



Enemy Women by Paulette Jiles

Henderson's Spear by Ronald Wright

2nd Chance by James Patterson



Desirable Daughters by Bharati Mukherjee

The Buffalo Soldier by Christopher Bohjalian



The Reporter by Kelly Lange

Atonement by Ian McEwan

The Watchmen by Brian Freemantle Lamb: the Gospel According to Biff,



You can receive a complete listing of the library's new materials via e-mail and also reserve items electronically. Contact the library for details.

Christ's Childhood Pal by

Christopher Moore

Operating hours of the Aberdeen Area Library, building 3320, are Saturday and Sunday, 1 to 5 p.m., Monday, Wednesday and Thursday, 11:30 a.m. to 6:30 p.m.

The Edgewood Area library is only open on Tuesday, 11:30 a.m. to 6:30 p.m.

LENTEN SERVICES

Aberdeen chapel

March 24, 8:30 a.m. Palm Sunday mass; 10:15 Easter Cantata March 28, 11:45 a.m., Holy Thursday mass March 29, 12 p.m., Stations and Seven Last Words

March 30, 8 p.m., Easter Vigil and 10 a.m., Easter

program for children March 31, 7 a.m., combined Easter sunrise service, Fanshaw Field, refreshments in AA Chapel Social Hall following service; 8:30 a.m., Easter Sunday mass (The Protestant Easter Cantata will be part of the

service March 24, 10:15 a.m.

at the Aberdeen Chapel.)

Edgewood chapel

Each Thursday, 7 p.m., Stations of the Cross

March 28, 7 p.m., Holy Thursday mass March 29, 11:45 a.m., Good Friday Solemn Liturgy March 31, 7 a.m. combined Easter sunrise service, Fanshaw Field,

refreshments in AA Chapel Social Hall following service; 10:45 a.m., Easter Sunday mass For more information, con-

tact the Aberdeen Chapel, located in building 2485, at 410-278-4333. The Edgewood Chapel is

located in building E-4620 and can be reached at 410-436-4109.

BOWLING

Thursday Night Red Pin League

Every Thursday starting May 23, 6:30 p.m. in the Bowling Center, building 2342. Cost is \$10 per week. For more information, e-mail chris.lockhart@usag/apg.army.mil or call Chris Lockhart at 410-278-3904.

Friday Night Rock and Roll League

Every Friday starting May 10, 6:30 p.m.in the Bowling Center, building 2342. Cost is \$10 per week. For more information, e-mail chris.lockhart@usag.apg.army.mil or call Chris Lockhart at 410-278-3904.

OVER 35 LUNCHTIME 3 ON 3 BASKETBALL

Starting May 4, games will be played Monday thru Friday, 11:30 a.m. to 1 p.m. in Russell Gymnasium, building 3330. Cost is \$60 per team. For more information, e-mail donna.coyne@usag.apg.army.mil or call Donna Coyne at 410-278-3929.

MWR HOSTS CASINOTRIPS

The Information, Ticketing and Registration Office has tickets for two bus trips to Atlantic City, N.J., April 26, 6:30 p.m. to 7:30 a.m. and May 4, 9 a.m. to 8:30 p.m. The cost is \$17 for each trip and includes coins to gamble and a \$5



coupon. The pick-up location on April 26 for Edgewood is the Ames Shopping Center at 6:30 p.m. and for Aberdeen is the Aberdeen Shopping Center at 7 p.m. The pick-up location on May 4 for Edgewood is the Ames Shopping Center at 9:30 a.m. and for Aberdeen is the Aberdeen Shopping Center at 9:30 a.m.

ITR also has tickets for a bus trip to Midway Casino in Harrington, Del., April 7. The cost is \$15 and includes bus transportation and a buffet. The pick-up location for Edgewood is the Ames Shopping Center at 1:30 p.m. and for Aberdeen, the pick-up location is the Aberdeen Shopping Center at 2 p.m.

For more information or to purchase a ticket, call Earlene Allen, 410-278-3854, or earlene.allen@usag.apg.army.mil.

BALLROOM DANCE BASICS

Starting Thursday, April 11, for eight weeks, 6:15 to 7:15 p.m., in the Aberdeen Area Recreation Center, building 332. Cost is \$35. For more information, e-mail earlene.allen@usag.apg.army.mil or call Earlene Allen at 410-278-3854.

SELF DEFENSE CLASS

Every Monday and Wednesday starting April 1, 6:30 to 7:30 p.m., at the Edgewood Area Recreation Center, building 332. Cost is \$40. For more information, e-mail stacie.edie@usag.apg.army.mil or call Stacie Edie 410-278-3931

TAI CHI AT LUNCH

Every Monday and Wednesday starting April 1, 11:30 a.m. to 12:30 p.m. at the Aberdeen Area Youth Center. Cost is \$40. For more information, e-mail stacie.edie@usag.apg.army.mil or call Stacie Edie 410-278-3931

ARMED FORCES DAY FUN RUN

Be one of the first 100 people registered for the Armed Forces Day Fun Run May 18, 2 p.m., and receive a free T-shirt. To register, call Donna Coyne, 410-278-3929.

ARTS AND CRAFTS CENTER OFFERS MORE

The Aberdeen Area Arts and Crafts Center, building 2407, can help with customers' engraving needs. A variety of wood plaques ranging in price from \$4 to \$40, medallions



and other embellishments, metal engraving for \$.15 per square inch (compared to \$.50 per square inch at off post locations) and \$.10 a letter for engraving are available. Photographs can be affixed to plaques and then covered with plexiglas for

\$5. These are excellent ideas for going away gifts, retirements and class projects. For more information, call Aberdeen Area Arts and Crafts, 410-278-4207.

BEGINNING RACQUETBALL

Every Monday for five weeks starting April 1, 7 to 8 p.m., at the Aberdeen Area Athletic Center, building 3300. Cost is \$20. For more information, e-mail charles.heinsohn@usag.apg.army.mil or call Charles Heinsohn, 410-278-3868.

DOG OBEDIENCE FORTHE BEGINNER

Every Wednesday starting April 3, 7 to 8 p.m. at the Aberdeen Area Russell Gymnasium, building 3330. Cost is \$45. For more information, e-mail charles.heinsohn@usag.apg.army.mil or call Charles Heinsohn, 410-278-3868.







Weight control reg under review

Joe Burlas Army News Service,

While the Army is currently reviewing its rules governing the weight control program in Army Regulation 600-9, don't expect to see any changes before fiscal year 2003.

That guidance and a message to stick to the current policy were sent to senior noncommissioned officers last week by Sgt. Maj. of the Army Jack L. Tilly in a "SMA sends" e-mail.

"Don't let your soldiers get caught up in the speculation about changes to the program," he stated. "Rest assured that any decisions we make will be driven by what's best for the health of our soldiers and the readiness of our

partly prompted by a Government Accounting Office report and a Department of Defense directive for the armed services to get more standardized programs across each. Currently, weight control and physical fitness standards are developed and implemented independently by each service.

Another reason for the review, said Lt. Col. Margaret Flott, chief of the Individual Readiness Policy Division, Office of the Deputy Chief of Staff, G-1, is the Army knows more about health Last updated in 1986, the latest review was issues and physical fitness based upon medical

science than it did years ago. "When I joined the Army, we did

physical training in combat boots and fatigues," Flott said. "Soldiers no longer wear combat boots when doing PT because we now know that practice is not healthy. Likewise, we now wear appropriate clothing for PT.

'The review of the weight control program is about using established medical science based upon the general (United States) population — information we didn't have 15 years ago when the current regulation was written — and testing it to see what is best for our sol-

The Army is still in the information-gathering stage of the review, said Lt. Col. Linda Williams, a G-1 Health Promotion Policy staff officer. The next step will be to field test proposals and practices, she said.

Following the field test, recommendations for any changes will be staffed at both the Army headquarters and major military command levels — a process which could take up to a year – before any changes might be made, Williams

"We are reviewing our current policy to determine whether changes should be made and what they should look like," Williams said. "Our ultimate objective is to improve the health and readiness of the force."

SA announces regions for transformation of installation

Army News Service

Secretary of the Army Thomas E. White announced March 19 the next phase in the Army's concept to create a more efficient and effective corporate management structure for Army installations worldwide.

The program, known as Transformation of Installation Management, (formerly called Centralized Installation Management), was announced by the Secretary in late 2001. He announced his approval of the finalized plan for aligning the regions that will oversee installation management.

"Our intent is to streamline headquarters, create more agile and responsive staffs, reduce layers of review and approval, and allow commanders to focus on their mission," White said, speaking before a group of Army garrison commanders at a conference in Nashville, Tenn.

The transformation implementation will geographically align installation management in seven regions worldwide. The following installations will host the director and staff for their respective region:

Northeast: Fort Monroe, Hampton, Va. Southeast: Fort McPherson, Atlanta, Ga. Northwest: Rock Island Arsenal, Rock within the Army Reserve.

Southwest: Fort Sam Houston, San Antonio,

Europe: Heidelberg, Germany Pacific: Fort Shafter, Honolulu, Hawaii Korea: Yongsan, South Korea

After extensive analysis, these locations were selected in order to minimize turbulence on the civilian workforce and take advantage of facilities and skilled personnel available in the Major Army Command elements stationed at these locations.

The Transformation of Installation Management, scheduled for Oct. 1, 2002, will establish a corporate structure focused on installation management to support base operations and enable mission commanders. The seven installation management regional directorates will oversee the services provided on installations that support day-to-day operations and well-

Regionalization of these services will establish equitable standards of service at all Army installations worldwide, streamline the flow of resources, and improve the delivery of services to commanders, soldiers and their families. This initiative includes installation management

Soldiers Magazine wants your best photos

Army News Service

diers and for the Army."

The Soldiers Magazine staff is already planning its 2003 Almanac and wants your help to make that issue the best ever.

The Soldiers Almanac runs each January.

A major feature of the almanac is the "This Is Our Army" section, which ran 12 pages this year and contained more than 50 photographs submitted by soldiers, civilians and family members from throughout the Army.

The magazine also uses reader-submitted photographs to support the other Almanac sections, including "The Year in Review," "Post Information" and "Major Equipment."

But it is in "This Is Our Army" that readers see the Army through the eyes of those who live and work on Army installations, preserve

the peace, prepare for war and share special moments with their families and friends.

To be a part of the 2003 Almanac, send your photos with complete caption information to Soldiers, ATTN: Photo Editor, 9325 Gunston Rd., Suite S-108, Fort Belvoir, VA 22060-5581. Do not e-mail your photo submissions unless you have first coordinated with the Soldiers photo editor.

For information about photo requirements and the selection process, and an entry form to accompany your photos, check the next several issues of Soldiers Magazine or send your questions to our photo editor at soldiers@belvoir.army.mil. Guidelines for submitting photos online can be viewed at www.soldiersmagazine.com.

Secretary of Defense honors Liberty Day

Department of Defense

To recognize Liberty Day, Secretary of Defense Donald H. Rumsfeld issued a compilation of key U.S. documents the Declaration of Independence and the Constitution for use by servicemembers and employees of the Department of Defense on March 19. This collection also

includes excerpts from significant legislation calling for exemplary conduct by all military leaders and avoidance of fraud, waste and abuse of authority within the department. In his statement, Rumsfeld

indicated the document is to encourage all who serve in the Department of Defense to examine these words "which together form the basis for our freedom and prosperity."

The secretary expressed his

serve as a constant reminder of the sacred oath required by



uniformed services: "that I will support and defend the Constitution of the United States against all enemies, foreign and domestic; that I will bear true faith and allegiance to the same; that I take this

hope this compilation will obligation freely, without any mental reservation or purpose of evasion; and that I will well and faithfully discharge the duties of the office on which I am about to enter. So help me God."

> Rumsfeld's Liberty Day proclamation and the combined Declaration of Independence/U.S. Constitution document are on the Web at http://www.defenselink.mil/ pubs/liberty.pdf.

The U.S. Congress designated March 16 as Liberty Day, the birthday of James Madison, fourth president of the UnitedStates.

According to the October 2000 Congres-sional Joint Resolution, Madison was the major author of the Virginia Plan, "model and the basis for the United States Constitution that emerged from the Constitutional Convention in 1787."

WWW.Huh? — services provide health information Websites **Sgt. 1st Class Kathleen** instance, leads to such topics Excellence T. Rhem, USA

American Forces Press Service Medical professionals agree that a well-informed patient is

a better patient. Patients who learn about wellness and their own conditions, the reasoning goes, are better able to participate in their treatment and follow their doctors' instructions. The medical departments of

each of the military services have worked hard in recent vears to provide their benefimedical information on the Internet.

The Army runs a site called Hooah 4 Health http://www.hooah4health.com. The site, maintained by the U.S. Army Center for Health Promotion and Preventive Medicine, addresses Army force health protection and readiness requirements, particularly for the reserve compo-

(NOTE: Turn your speaker up when you place your cursor on the "HOOAH" that appears on the opening page.)

"Citizen-soldiers juggle many different balls every day, but they cannot afford to drop the one ball that allows them to live a healthier, less stressful life," the site's introductory page says.

The site is divided into sections on body, mind and spirit resources. A dropdown menu body resources, for

as blood pressure, diabetes, cholesterol, exercise injury prevention and weight loss.

The site contains information on deployment health and environmental factors that can impact health. It also includes links to calculators that can help determine Army physical fitness test scores, body mass indexes and target heart rates. The mind resources section

includes information on dealing with stress, suicide prevenciaries with comprehensive tion, sleep and eating disorders, and more. There's a 'Mind Mirror Quiz" that can help pinpoint whether stress is a problem — and then leads a visitor through some coping techniques. The experts who put togeth-

er Hooah 4 Health maintain that spiritual fitness is an important facet of health and wellness. Links in this area include the Goldberg Well-Being Scale, a quiz

designed to take one's "spiritual pulse," and an interactive quiz that helps determine one's resiliency and whether it's derived from a sense of spirituality.

The U.S. Air Force maintains a general information site called Crossroads http://www.afcrossroads.co **m** that has a health informasection http://www.afcrossroads.co m/medical/index.cfm.

A link to the Center of

for Medical Multimedia http://cemm.org/index.asp is billed as a resource for Air Force medical professionals, but it's useful for patients as well. Click on the "products" button along the left side, for instance, and links appear to interactive single-topic Web sites that include in-depth looks at pregnancy and childbirth, tonsil and adenoid surgery, arthroscopic knee surgery, and colonoscopy and sigmoidoscopy.

One link, "Robby Goes to the Hospital," is an interactive site for children that follows a little bear named Robby Beanblossom on his trip to the hospital. The site follows

Robby from the time he enters the lobby with his mom until he goes home after an operation. Along the way, he learns all about the laboratory, blood tests, the operating room and anesthesia.

A similar link, "Virtual Medical Center," provides much the same information in a format for adults.

Experts caution that medical information found on the Internet is not always accurate and is no substitute for a doctor's care. Information gleaned from reliable sources and sites can be helpful in allaying patients' fears and help them make informed decisions about their own health care, they advised.

LEAVE DONATION

Employees eligible for donations in the

Voluntary Leave Transfer Program are:

Fay Walker Banker (hip replacement) Marian Bellis (fracture of left tibia) Bonnie Bromley (liver transplant) Daniel Brown (father has emphysema) Tammy Budkey Jane E. Calahan (surgery) Nancy Coleman-Jones (surgery) Tracy H Coliano-Hirsch (maternity) Geraldine S. Cragg Dawn M. Crouse (surgery) Rene de Pontbriand

Tricia Lin Dietz

Fred Dill Joseph R. Dugan Messina Enderlein Wayne Erb (wife is ill) Denise M. Fox (maternity leave) Joyce C Green Michael L. Hitchcock (surgery) Fern L. Hitchcock (surgery) Melanie A. Hoffman (parasinusitis, fibromyalgia condition) Nina M. Holley John C. Houck Stephen Howard (bone marrow transplant) Wayne A. Jaynes

Evelyn K. Johnson (surgery) Marlin Julian (heart surgery) Mary B. Kane (surgery on Jennifer Keetley (maternity) Beverly King (caring for husband) William Klein Nicole L. Klein (broken ankle) Carrie L. Lambert Yvonne Lissimore (knee

Angela R. Little (neck and

Edna L. Lobodzinski (eye

surgery)

shoulder injury)

Geraldine Martin (surgery) William B. McLean (kidney failure) Rebecca G. Mercer-Leto (heart attack) Stacy Miller (maternity) Sandra W. Miller (back surgery) John E. Mogan (surgery) Cecil Pennington (surgery) Debi L. Petosky (back surgery) Karen S Pense Mary E. Pettiway **Barbara Carol Remines** (surgery) Angela L. Reeves (maternity leave) Michael Reynolds Boyd J. Richards (care of mother) Denise Robinson (maternity) Ricky Ross (heart attack) Tami C. Rowland (maternity) Allan Scarborough (back surgery) Jennifer W. Sekowski Sherry Schaffer Lena Shelton Motoko Stahl Debra S. Stark (surgery) Rachel Swearingen Hilary P. Talbot Alison Tichenor (surgery)

Sandra M. Wachter (surgery) Rosalind Walters-Kenion (maternity) Cecelia Walton (respiratory problems) Michael R. Willard Charles Young (kidney and pancreas transplant) Andrew M. Vaught (brain tumor removed)

Wanda L.Waldon (surgery) Josephine O. Wojiechowski (care for elderly parents)

For information about donating annual leave, call Dave Mial at 410-278-1524 or fax 410-278-7877.

Sports & Recreation

HHC 61st repeats as basketball champs

Downs NCOA, 58-50 in title game

Yvonne Johnson APG News

Mission accomplished. Headquarters and Headquarters Company, 61st Ordnance Brigade completed its quest to repeat as the intramural basketball champion by knocking off the Noncommissioned Officer Academy, 58-50 in the title game held March 11 in the Aberdeen Athletic Center.

Suffering its only loss of the season, the unit had to bounce back from a 94-82 loss to NCOA in the first game to take the

NCOA was playing in the losers bracket after a 62-39 loss to HHC 61st in the playoffs and needed two wins for the champi-

Before the first game, both coaches exuded confidence.

"This is the most dynamic team on the installation," HHC 61st coach Bryan Coleman said. "We breezed through the season and now we're ready to take what's ours."

"We're not surprised to be here," said NCOA coach Carol Coleman. "We're getting what we came for."

NCOA's high scorer, Eugene Watson, could not be contained in the first game. He scored a series high 37 points but was held to only 10 in the second game.

Ulysses Thomas, HHC 61st's most valuable player, racked up 32 in the first game but also scored only 10 in the second. Brian Cole made up the difference, scoring 18 points in game two to lead the team to victory.

NCOA and HHC 61st fans filled the stands, chanting their teams on as play began.

In game one, HHC 61st burst out of the gates to a 6-2 lead off with a layup and 3-pointer by Thomas and a free throw from Cole. NCOA took its first lead when Woodrow Ishman sank three at the line to go up 9-8 as NCOA fans roared.

HHC 61st answered with four from Thomas as he scored back-to-back jumpers from the same spot just seconds apart, one off an assist by Cole.

The fast break was in high gear as NCOA's defense caused several missed shots and turnovers to stay close. Watson drew his team closer when down 22-15, he missed at the line but pulled down his own rebound to shoot a three, and Orlando Floyd added two more off a turnover to close within two at 22-

NCOA took the lead again with six minutes to play when Corey Fryson sailed in a three to tie it up, 32-all and an HHC 61st foul sent James McCovery to the line where he sank two for a 34-32 lead.

A collision under the HHC 61st basket with just over four minutes to play saw Donald Thompson shaken up. He left the game and was replaced by Jeffery Averett who made one of two at the line to close within one at 36-35. Thompson reentered the game moments later, to score five of his 19 points within the closing minutes of the half.

HHC 61st pulled away with key plays from Clinton Ham and Ottis Hewitt who both scored nine points in the game to lead at we had to do."

the half, 46-39.

In the second half, HHC 61st was up by 10 points at 55-45, when NCOA got busy. Back-to-back threes by Steven Coleman and McCovery, and two from the line by Richard Jenkins started the run. HHC 61st pulled away again but Watson closed the gap. He could hardly be contained as he scored 17 of his 37 points in the games' final seven minutes. NCOA took the lead for good when a fingeroll for two by Ishman tied it 73-all and back-toback threes from Watson, which drove the NCOA faithful wild, put the team up 81-77 with two and one-half minutes to play. Watson closed the game out with an exclamation point, sinking a three with two seconds on the clock for the 94-82 win.

Down, but not defeated, HHC 61st came roaring back.

With the NCOA defense keying on Thomas, Cole and Thompson stepped their games up, both scoring the lion's share of points and leading the team in defense.

After a halftime lead of 23-19, Cole opened up the second half with a drive up the middle for an uncontested layup to go up 25-19. NCOA's Coleman answered with a jumper for two, to make it 25-22, but three consecutive 3-pointers, two from Thompson and one from Thomas, widened the HHC 61st lead, 34-22.

The team pretty much cruised from there with key contributions from Hewitt who duplicated his nine points from game one, and Allen Bennett, who added five after being shut out in the first game. NCOA made a game of it, to close within one at 49-48 with just over a minute to play, but Thompson and Hewitt slammed the door on them, scoring the games next seven points. A jumper by NCOA's Ishman gave the team its final two at 54-50 with 11 seconds on the clock. Ham closed out HHC 61st scoring with seven seconds left with two at the line after a NCOA technical foul to end it, 58-50.

NCOA coach Coleman said the team did well, though fouls

"It was a great season and a great first game," Coleman said. "We couldn't finish them off, but we never gave up either."

Watson, who returns to his home station at Fort Bragg, N.C. this week, finished with 47 on the night. He said he hopes he played a part in NCOA's remarkable season.

"I don't know how they did in past years, but I hope the academy continues to play hard and show the same esprit de corps," Watson said.

HHC 61st coach Copeland said it was the best season the team has had, thanks to his returning starters and the added dimension of players like Ham and Bennett.

"We're bigger, stronger and more balanced than the rest of the league," Copeland said.

"No reason they can't 3-peat."

Thompson said that unselfish play got the team its second championship.

"We played as a team and took advantage when opportunities opened up," Thompson said, adding the team "laid back a little bit" in the first game.

"We sat back, focused, then went out and did what we knew

Cole added that they "just out-hustled" their opponents in the second game.

"We knew there was no way they could stop all of us off the dribble so that's what we went for." Cole said.

Though they faltered in the first game, they didn't get getting

rattled but got their rhythm back instead, he added. "We knew all we had to do was continue playing," Cole said.

"Nobody was gonna beat us twice." First Sgt. Jeffrey Averett and Capt. David Vodilla accepted the

unit's championship trophy. HHC 61st scorers for game one: Thomas, 32; Thompson, 19; Cole, 12; Hewitt, 9, Ham, 9. For game two: Cole, 18; Thompson,

12; Thomas, 10; Hewitt, 9; Bennett, 5; Ham, 4. NCOA scorers for game one: Watson, 37; Ishman, 18; Floyd, 16; Jenkins, 8, Coleman, 6; McCovery, 4; Fryson, 3; Thornton, 2. For game two it was Thornton and Coleman with 12; Watson, 10; Ishman, 8, Floyd, 3, Fryson, 3, Jenkins, 2.

During the award ceremony, James Mitchell accepted the award for the U.S. Army Medical Research Institute of Chemical Defense, the Edgewood Area runner-up.

Tony Vasquez refereed the game.

Basketball update

The following results were reported for the intramural basketball post-season tournament and championship.

Results

March 11 Company B 143rd, 46; Company C 1/115th, 34 HHC 16th, 51; USMC, 46 NCOA, 61; MRICD, 54 USAF, 68; KUSAHC, 53 March 12 HHC 61st, 51; Company B

143rd, 46 HHC 143rd, 49; HHC 16th, 48 NCOA, 57; Company C 16th,

USAF, 59; Company B 16th,

HHC 61st, 77; HHC 143rd, 34 NCOA, 58; USAF, 36 March 13 Company C 16th, 89; Company C 1/115th, 37

USMC, 58; Company B 16th,

Company B 143rd, 57; MRICD, 50

HHC 16th, 58; KUSAHC, 44 Company C 16, 58; USMC, 38 Company B 143rd, 61; HHC

16th, 53 March 14 HHC 61st, 62; NCOA, 39

Company C 16th, 73; HHC

Company B 143rd, 44; USAF, March 16

Company C 16th, 59;

Company B 143rd, 30

NCOA, 62; Company C 16th,

March 18 NCOA, 94; HHC 61st, 82 Championship Game

HHC 61st, 58; NCOA, 50

Commander's Cup points race



End of first quarter, 2002 HHC 16 Company C 16th 41 USMC 38 HHC 61st 34 Company E 16th 26 Company C 143rd 26 HHC 143rd 22 20 Company B 16th **USAF** 16 Company B 143rd 13 **NCOA** 10 Company A 16th 10 KUSAHC **HST** SBCCOM/TEU **CHPPM National Guard**



Photo by YVONNE JOHNSON

Members of the 2002 intramural basketball championship team, Headquarters and Headquarters Company, 61st Ordnance Brigade, pose with their trophies following their 58-50 defeat of the Noncommissioned Officer Academy. From left front, Allen Bennett, Clinton Ham and Ulysses Thomas, most valuable player. From left, rear, Ottis Hewitt, Brian Cole, Capt. David Vodilla company commander, Jeffrey Averett company first sergeant, Donald Thompson, James Smith, Brian Glenn and coach Bryan Copeland. Not shown is Amilcar Fernandez.

Pryce

From front page

school, and although at times she felt she was not getting the classroom encouragement or attention she should have, everything mellowed out.

"As a teenager I was very self-conscious and shy," she said, "but I played volleyball, got great grades, and was inducted into the National Honor Society."

Aware of her academic excellence, the high school guidance counselors steered Pryce toward colleges with large minority populations.

Pryce chose to attend Morgan State, and commuted to the local college by bus for four years.

It was while she was at

Morgan State in Baltimore that she became aware of the possibilities of a career in govern-Thirty-one years later,

Pryce is a supervisory program

analyst for the U.S. Army

Environmental Center with no regrets. "Working for the government is stimulating. They offer training, job security and you can take time off when you need to," she said. "The oppor-

very good." Hired as a management analyst, Pryce was trained in Philadelphia.

tunities to advance have been

After training, she asked for a Fort Belvoir, Va., position, but was assigned to Aberdeen Proving Ground instead.

Initially a quasi-efficiency expert, Pryce concentrated on building her career and took advantage of opportunities to

Noting that early in her career there were others who did not want to accept her, she said she learned to work around them.

"It's what you put into it," she said. "Throughout my career I have always been myself. I project confidence and, since I like people, that comes through. I treat everyone the same."

Pryce met her future husband when he was sent by a contractor to help her install blinds and curtain rods in the home she purchased in Aberdeen. They married seven years later.

A native of St. Croix in the American Virgin Islands, Rudy Pryce was in the U.S. to earn enough money to design and build an island home.

After marrying at the age of 40, Pryce gave birth to son Paul, a student at Aberdeen Middle School.

She said that experiencing marriage and motherhood at an older age may have its drawbacks, but she doesn't look at it that way.

"It's nice to have the wisdom and not be so concerned about the missteps," she said.

Pryce enjoys music, reading and computer games, and has a passion for poetry.

"I write rhyming poems for baby showers, retirements and other special occassions," she said. She's also written poems in support of the Combined Federal Campaign, the yearly government campaign for charity. "It's something I love to do."

Pryce credits her faith with providing inspiration and guidance throughout her life.

"God has blessed me," she said. "I'm very comfortable pioned causes fervently; with myself."

A Tribute to Women

Women's History is no mystery. At least it's not today. For we've checked the files and exposed the miles Of her triumphs along the way.

Whether by right of birth or through true grit and worth, Great ladies we proudly follow -Who have braved

the trails they themselves detailed With effort hearty, not hollow.

They reined as queens, trod with twenty mule teams. They fought for women's rights. Cared for men at war; spoke with eloquence or, Brought remote, unknown people to light.

They wrote intelligently; cham-

They sang with heart and soul. Taught writing and reading; helped the blind, lame and need-Their stories fill an unending

scroll. And in part through

NOW and refusal to cowtow, More women are making their mark, To do what they do, untraditional, or tried

It's their choice to ignite their own spark.

and true.

Yes, we've come a long way, from the past to today. And isn't the present quite grand?

We may not do it all but we can ever stand tall Cause we too have the means to command!

Aldona G. Pryce

March 2002

Window shines light on 9-11 tragedy

Spc. Neisha Rogers Army News Service

More than 400 chaplains and chaplain assistants recently assembled a stain glass window to be hung at the Pentagon later this year in honor of the Sept. 11 vic-

Each chaplain and chaplain's assistant was given a numbered piece of glass to place in the window frame during the Chaplain Corps Annual Senior Leadership Training conference at Hilton Head, S.C. in early March.

"Through creating this stained glass window, we will express our faith as well as honor those we remember who were taken from us," said Chief of Chaplains Maj. Gen. Gaylord T. Gunhus.

The Pentagon-shaped stained glass window will be hung in a memorial chapel planned for construction in the area of the building destroyed by the hijacked airliner.

The design will include the head of the American Bald Eagle in the center with the American

flag waving in the background; an olive branch symbolizing peace and goodwill; as well as inscriptions at the top and bottom of the window reading "United in Memory" and the date September 11, 2001.

The window was constructed from more than 500 individual pieces of stained glass including 184 pieces of red glass to represent the 184 men and women who were killed at the Pentagon.

"It's very symbolic to take the broken pieces of glass and put them together to make a beautiful picture," said Lt. Col. Richard D. King, chief of Personnel Proponent Office, Chaplains Center and School, Fort Jackson, S.C.

Dennis E. Roberts, artist and owner of IHS Studios in Fredricksburg, Texas, who donated the piece, said he felt honored and privileged to be able to help create something to remember the victims of the attacks, especially considering his own military ser-

Roberts said the memorial took more than 50 hours to design and more than three weeks to cut each piece of glass to fit into the frame.

"It's awe inspiring. The artist donating his time to design it and then letting the soldiers put it together. It's like being a part of another part of history," said Master Sgt. Rashida Valvassori, 77th Regional Support Command, Fort Totten, N.Y.

The annual conference focused on spiritual leadership and having a positive influence on soldiers. Many of the chaplains who attended the conference were stationed very close to the areas that were attacked. They said being a part of the assembly had special meaning because it allowed them to begin their own healing process.

"It gives us a chance to reflect, refocus, and renew our spirit," Gunhus said.





Easter Song

Two thousand years ago I might have known the man I might have met Him on a dusty road I might have been a member of the mighty multitude Who gathered for a chance to touch His robe

I might have seen Him riding through a sea of waving palms I might have had a chance to shake His hand I might have helped to lay Him in the tomb behind the stone I would have wept if I had known the man

And though we are existing in another place and time I know He rose to teach His father's will Two thousand years ago He died upon a cross But I believe He walks among us, still Happy Easter!

By Yvonne Johnson



'No Limits' takes it to the limit

Photo by YVONNE JOHNSON

Members of the group "No Limits" from the 389th Army Band (AMC's Own) practice for their upcoming threemonth concert tour of U.S. Army Material Command installations across the country. The tour kicks off next week with a concert at the Post Theater, April 3, 7 p.m. The group plays a variety of sounds that include rock, hip-hop, top 40, country and classical music. From left front, Sgts. Josh Vincill, saxophone, lead vocal, guitar; Justin Searle, trumpet, vocals, guitar; and Leroy Foster, trombone, vocals; Sgt. 1st Class Robert Dietz, noncommissioned officer in charge, guitar, vocals; and Sgt. Gregory Hector, bass guitar, vocals. From left, rear, Staff Sgt. Vincent Johnson, keyboard, vocals and Sgt. Levi Graves on drums.

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#7: Customizing Outlook Today

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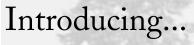
There are options for using Outlook Today when you open email, as well as options for displaying messages in folders, your calendar, tasks

and the style of Outlook Today.

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Tip #7 located in the Outlook Tips Public Folder for more details.

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